

Family reunited with dog missing since New Year's

Java, a black flat-coated retriever, back in Bedford home after being coaxed with treats to stay in one spot

Council agrees to Wellington **Street project**

Regional council votes to amend regulations to allow two towers atop a shared podium on four lots

Dal handing over Facebook posts to police

University initially refused due to privacy concerns of the dentistry students allegedly involved in the scandal

36 THINGS I (MIGHT) LOVE **ABOUT YOU**

THIS EXPERIMENT CREATED **OVER 20 YEARS AGO RECENTLY** HELPED A UBC TEACHER FALL IN LOVE, BUT COULD IT WORK ON EVERYONE? PAGE 13



HALIFAX

Halifax, NS

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No breastfeeding, market vendor told

Halifax Seaport Market. Province apologizing for apparent misunderstanding



STEPHANIE TAYLOR

A Dartmouth woman is outraged after being notified by a provincial food inspector that she's not allowed to breastfeed her son while selling food in her booth at a local farmers market.

Tanessa Holt has been selling packages of organic locally sourced meals at several farmers markets around the city since she launched her business, Food Noise, in August.

Joining her most days was her 7-1/2-month old son, Terek, who relies on his mother's breast milk for nutrition.

"I've always had the baby with me. It's never been a problem," Holt explained Tuesday, saying her nursing was a nonissue when she told market organizers about it during inter-

But on Monday, Holt received an email from a food inspector with the Department

"The market is a beautiful thing. That's how I qot my start. I support the market. I shop at the market, actually, to make my products and now I don't get to be a part of that ... I'm grieving the loss of that because that's my way of life." Tanessa Holt

of Agriculture after someone inquired with organizers at the Halifax Seaport Market about the rules surrounding breastfeeding and handling food.

In an email provided by Holt, food specialist Tracey MacDonald explains to Holt her breastfeeding is not the problem per se, rather "the issue is surrounding food safety.

"I would not allow you to breastfeed and then serve customers throughout the day," writes MacDonald in the email

"The food safety concern is contamination of food through possible throw up and or feces coming from the baby.'

She also states Holt may breastfeed, so long as there is another person to handle the food. "I had lava flowing through my veins," Holt said of reading the email.

After working in the food industry for nearly 15 years, Holt said she has never heard of breastfeeding considered as a risky practice.

She explained her products already come pre-packaged, and she wears gloves and washes her hands regularly. During breastfeeding, Holt said, she even covers herself with a nurs-

"I have no idea how anybody can think I'm contaminating food," Holt said Tuesday.

In an email response from the department of agriculture late Tuesday afternoon, spokeswoman Krista Higdon said the inspector is being contacted in regards to the situation, apologizing for any misunderstanding.

"The department's food safety division is not opposed to an infant accompanying vendors at a market booth as long as proper hand hygiene is practised," she wrote, adding the vendor will be contacted to



Tanessa Holt, owner of Food Noise, discusses her situation on Tuesday in her Dartmouth home. JEFF HARPER/METRO

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Bedford family reunites with dog missing 13 days

Rescued. Java had been acting 'feral,' needed to be coaxed home



HALEY

After 13 days of worry, a Bedford family is shedding happy tears after being reunited with their missing dog, who was last

seen New Year's Day. Three-year-old Java (a black flat-coated retriever) was finally taken home by her family just before 8 a.m. Tuesday, Keith Brault said, after a few days of searching through the woods around Rocky Lake and leaving out treats in hopes of making her stay in one spot.

"She was comfortable there, she was getting fed," Brault said about the strategy of leaving out hamburger meat and other food, around her dog bed with



"She was in feral mode. Any time she saw us she was scared because every human that saw her for the past 13 days had been running at her scream-

They learned the bed technique and calming signals to comfort Java from the Nova Scotia Lost Dog Network. The strategy worked well Tuesday morning, when they finally got Java to approach Brault slowly, as he crouched down to make himself non-threatening and rolled on his back.

"She slowly, slowly, slowly came - and then, four feet away, she realized it was me and

jumped on me, and I carried her out of there," Brault said.

Brault said Java is very close to her owner, who has advanced multiple sclerosis and uses a wheelchair.

She had been in the hospital until Saturday, which is when she first heard Java had gone missing, Brault said.

The dog went missing in the early hours of Jan. 1, Brault said last week, noting it was odd for the well-trained Java to venture outside their yard.

Slick roads

Ambulance crashes into highway median

Police say a paramedic was taken to hospital Tuesday, after an ambulance slid into a highway median on a slippery morning on the roads.

Halifax Regional Police spokesman Const. Pierre Bourdages said the accident happened on Highway 111 near Mic Mac Mall. He said the paramedic suffered undetermined injuries.

The accident was one of several to take place on the morning commute, which was slow for many after about five centimetres of snow fell overnight.

"It's been not too bad but it seems like there are lot of icy surfaces," said Bourdages, about the number of accidents in the city. метко



SUV ends up in lake following slippery road conditions

Firefighters watch as an SUV is removed from Rocky Lake Drive in the Bedford area on Tuesday. Slippery road conditions in the morning caused the driver to leave the road and the vehicle to end up half-submerged in the lake. No one was injured, JEFF HARPER/METRO



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Council. Sign bylaw passed, amendments to come

Rather than debate a multitude of amendments to the proposed new temporary sign bylaw on Tuesday, councillors agreed to pass the bylaw as it stands and have staff report back on a package of proposed amendments.

"At least we have a document in place as a foundation and then have ... a second run at it instead of holding up the entire bylaw," said Coun. Stephen Adams.

The bylaw was the subject of a public hearing in December, prompting several councillors to propose amend-

Staff report

City solicitor John Traves said a staff report briefly addressing the implications of each proposed amendment could be brought back to council before the 90-day deadline for full implementation of the bylaw.

ments covering everything from new rules for event posters to the use of inflatable novelty figures.

RUTH DAVENPORT/METRO

Sackville. Talking tree blabs its way to success

The councillor responsible for buying a \$25,000 animatronic Christmas tree says it was an instant hit.

Coun. Brad Johns told council Tuesday that the notorious talking tree attracted hundreds of families from as far away as Arichat for dozens of daily 15-minute shows over the Christmas season.

Johns said the goal was for the tree to raise \$2,500 in food and gift donations for Sackville Beacon House and it raised more than twice that amount.

The tree was the subject of much public scorn after it was revealed Johns used his district capital funds to buy and ship the tree from California.

RUTH DAVENPORT/METRO

Goodwood. 70-year-old man killed in collision

Police say they are in the early stages of their investigation after an accident left a 70-year-old male pedestrian dead outside Halifax on Monday night.

The senior was killed when he was hit by a transport truck at the corner of Mills Drive and Prospect Road in the Goodwood area.

The accident happened at

"We're still in the early stage of the investigation," RCMP spokesman Cpl. Greg Church said Tuesday.

"Investigators will be pursuing all kinds of avenues."

The RCMP say the victim was on the road when he was hit by the truck, which wasn't hauling a trailer at the time.

A 61-year-old driver from Belmont had turned onto Mills Drive off Prospect Road and hit the man, RCMP said.

A traffic analyst is also working on the case.

METRO





Council OKs Wellington Street development

Vote. Contentious project gets just enough support with amendments to permit construction

A controversial development in south-end Halifax received just enough support from regional council to ensure its survival — though it will have to be modified before it can be built.

Regional council voted Tuesday afternoon in favour of amending planning regulations to allow Dino Capital's two towers of eight and 10 storeys atop a shared podium on four lots on Wellington Street.

"We really hoped to be able to say ... we believe in process; public engagement hasn't been

Quoted

"This is a decision that the municipal council and government will have to live with for a long time. Another mistake, maybe not in the same magnitude as Fenwick, but it's another mistake."

Wellington Street resident Chris Annand

compromised," said Wellington Street resident Chris Annand after the meeting. "And unfortunately, we can't say those words"

Tuesday's debate was a continuation of a public hearing that began in January, during which dozens of residents spoke against the development and seven spoke in favour.

Coun. Waye Mason urged council to vote the project down, citing its rejection by city staff and the local planning

advisory committee, which has never before recommended rejection of a proposal.

"The proposed building ... doesn't meet any of our design guidelines, guys.... How can you vote in favour of something that doesn't meet any of those basic rules?" he asked.

During the debate, council approved an amendment from Coun. Stephen Adams to reduce the square footage of the project to 140,000, as proposed by a Dino Capital representa-

tive in his closing statement during the December hearing.

Council then approved another amendment by Mason to have the proposal comply with the applicable HRM by Design guidelines, which govern developments in the downtown core

"This (development) is well outside the bounds of what we consider good design," said chief city planner Bob Bjerke when Adams asked what the change would mean. "This (amendment) would help provide some basis for that discussion to bring it within more acceptable design criteria."

The final vote on the motion was 9-6. Two councillors, Darren Fisher and Brad Johns, were not present for the public hearing and couldn't vote on the motion.

RUTH DAVENPORT/METRO

Hearing set on proposal to send trash out of HRM

A public hearing on a proposal to allow some of HRM's waste to be exported outside the municipality has been set for early February — but some councillors aren't sure the proposal is ready for public input.

A proposed change to the city's solid-waste bylaws will allow waste haulers to dispose of industrial, commercial and institutional (ICI) waste outside HRM. It also raises the fee for disposing of ICI waste

By the numbers

\$125/tonne

The current tipping fee for ICI waste at Otter Lake.

within HRM to \$170 per tonne.

During Tuesday's council meeting, some councillors questioned the figures in a staff report. "The numbers aren't as clear as we'd like them to be," said Coun. Stephen Adams, referring to an estimate that 20 per cent of the ICI waste would be shipped out of HRM.

"How was that number developed?"

HRM's solid-waste manager Matt Keliher said the original staff report submitted in January contains high and low estimates for the amount of waste that could be exported.

CAO Richard Butts said staff would also provide some answers in a presentation before the public hearing on Feb. 3, though that didn't reassure some councillors.

"I'm not comfortable with a business case for moving our waste out," said Coun. Barry Dalrymple. "I'm not sure if a presentation right before a public hearing is going to answer those questions."

RUTH DAVENPORT/METRO

Play tackles contentious subject of assisted death

Making the issue 'tangible.' A Good Death will also offer up some laughter, playwright says



STEPHANIE TAYLOR stephanie.taylor@metronews.ca

Death: It's a subject that most people would rather avoid, but one that Kim Parkhill embraces.

The Halifax-based playwright is tackling issues of death and choice in her upcoming show, A Good Death, presented by DaPoPo Theatre, and premiering at Neptune Theatre's Scotiabank Studio on Thursday.

The plot is anything but simple. The play revolves around the story of a character who, after receiving a terminal diagnosis, decides to take life into her own hands and pursue assisted death.

Parkhill promises the play will evoke a spectrum of emotions, as audiences watch as the main character confronts death head-on and tries to make her loved ones, as well as doctors, understand her decision.

"There will also, I hope, be, some unexpected laugh-

Play details

Performances for A Good Death run Thursday through Sunday. Tickets are available at the Neptune Theatre's hox office.

ter," she said, explaining staging the controversial subject brings to life many of the quirky and difficult conversations most families

keep behind closed doors.

"It becomes a bit more tangible, as oppose to an intellectual, philosophical, legal, ethical debate per se."

Under Canadian law, physician-assisted death is illegal, but Parkhill cites public opinion is growing increasingly in favour of the procedure, and having the freedom of choice in one's death.

In writing the play, Parkhill said she was also driven by a fascination with what happens when someone makes a decision that goes against the grain, and must stand up to "normal society."

She intends the play to raise questions, and hopes audiences walk away feeling inspired to have their own conversations about the inevitability of death and the options around it.



"There's a lot of different places where people can find common ground with one or more of the characters," Parkhill explained. Following the matinee performance Saturday, audiences will be welcome to participate in a panel discussion titled "Conversations

in Dying a Good Death," led by members of the provincial chapter of Dying with Dignity, on the subject of assisted death.

Neptune. Don't break a leg, buy it

For fans of A Christmas Story, Neptune Theatre, would love to give you a leg up. On Friday, the Halifax

On Friday, the Halifax theatre posted the 11.5-foot leg lamp from its holiday play on Kijiji for \$1,000 in the hopes someone would like to take home a piece of Neptune memorabilia made by its props department.

"We weren't really sure what we were going to do with it. It's a little bit of a



challenge to store," Neptune spokeswoman Jenna Smith said with a laugh Tuesday. By the

end of the weekend, the ad had received more than 3,000 views and a few inquiries — but there is no buyer in sight just yet, Smith said.

"It definitely is a statement piece," Smith said. "It would be nice to see it go to a good owner."

She said many props land back at the shop on Creighton Street in Halifax where the sets are built, but there's already too much crammed into the "tickle trunk" space for the leg to fit.

Smith said one incentive for buying the lamp — which you must pick up yourself — is all the money would go back into the local theatre.

HALEY RYAN/METRO



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The snow isn't going anywhere, so you may as well get out and have some fun with it

Snowboarder Josh Cornforth takes advantage of the fresh powder on Tuesday to practise his moves at the skate park on the Halifax commons. The snow won't be washing away any time soon, as temperatures are expected to dip well below freezing for the next few days. JEFF HARPER/METRO

Weird in the water

Scientists asking for help from fishermen who haul up salp

Some fishermen off southwestern Nova Scotia have been pulling up weirdlooking creatures along with their lobster traps and scientists want to hear from those who are snagging them.

The marine animals, called salps, are similar to jellyfish but with long, hollow, barrel-shaped bodies.

They feed on phytoplankton by pumping water through their bodies and are the world's fastest-growing multicellular animals: Some species can grow as fast as 10 per cent of their body length each hour. YARMOUTH VANGUARD

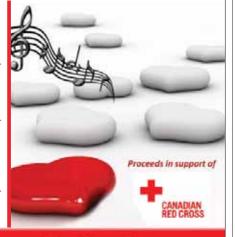
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If Music Be the Food of Love, Play On — Shakespeare

Flu season 'typical,' health chief reports

Get your shots. Dr. Robert Strang predicts 'significant' activity ahead, says there's still time to get immunized



HALEY RYAN halev.rvan@metronews.ca

Although the flu season came a couple of weeks early, the province's chief public health officer says all the signs point toward Nova Scotia having a "typical" year.

Dr. Robert Strang said there have been 55 confirmed lab cases of influenza so far this season, which began a couple weeks before Christmas, when it usually begins late December.

"We're right in the middle," Strang said Tuesday. "What we're seeing is a fairly typical flu season."

Although there have been 55 lab cases (14 within the past week) and some people

Quoted



"There's nothing to indicate that we have anything

unusual about this year."

Dr. Robert Strang, the province's chief public health officer

were hospitalized briefly, Strang said there have been no deaths related to the flu this season.

He said those numbers tracked by the health department are "the tip of the iceberg" when it comes to estimating how many people are dealing with the flu each year, because most residents can stay home to take care of

"It is a good indicator of where we're at in the flu season," Strang said. "But for the vast majority of people, the treatment of influenza is rest (and) fluids."

themselves.

While the numbers of how many Nova Scotians received a flu vaccine this year should be available in April, Strang said last year showed just under 50 per cent of the population, and they would "certainly like to see more" in 2015.

However, Strang said Nova Scotia has a higher immunization rate than any other province

"We're kind of at the top of the pack," Strang said. "But ... our goal is to every year immunize a greater percentage of the population."

There should be "significant" flu activity over the next few weeks as winter wears on, Strang said, but there is still time to get the benefits of a flu shot if you get yours within the next week.

Strang said it's important to be consistent about washing your hands during the winter, and if you feel symptoms, stay home.

"You're not out there spreading it around to coworkers and other people in the community," he said.

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HALIFAX
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Dalhousie to give police Facebook posts

Dentistry students.

University initially refused request for posts based on privacy concerns, police say

Dalhousie University says it will comply with any police requests to provide copies of Facebook postings of sexually violent comments that male dentistry students are alleged to have made about their female classmates.

The university issued a statement late Tuesday after media reports that it rejected a request from Halifax police to provide the information.

"Dalhousie will always co-operate with the police

on any matter," the university said. "Of course, Dalhousie will share the requested information with Halifax Regional Police in compliance with the law."

In an interview, university spokesman Brian Leadbetter said the university will meet with police on Wednesday.

Const. Pierre Bourdages

Const. Pierre Bourdages said in an interview late Tuesday that Dalhousie University initially refused the request for the postings based on student privacy concerns.

He said police look forward to receiving the information.

"We welcome any information that would help us ... make a determination if there is any evidence of criminal wrongdoing," he said.

"By having a look at these unedited Facebook posts, that should allow us to understand exactly what this is and whether it warrants a criminal investigation."

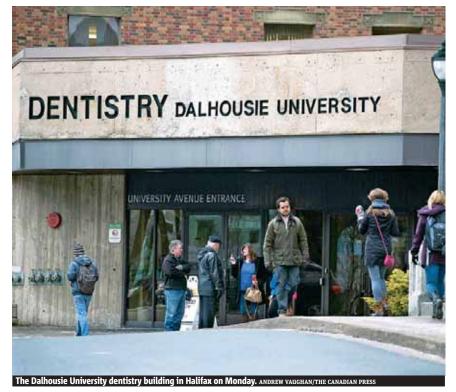
Reports of the offensive posts and the university's initial response prompted rallies and calls for the expulsion of the 13 students.

The Facebook page at the centre of the controversy has been taken down.

But according to the CBC, members of the Class of DDS Gentlemen page on Facebook voted on which woman they'd like to have "hate" sex with and joked about using chloroform on women.

The CBC said that, in another post, a woman is shown in a bikini with a caption that says, "Bang until stress is relieved or unconscious (girl)."

The students who were part of the Facebook group have been ordered to attend classes remotely and are suspended from clinical duties. The Canadian press



"We welcome any information that would help us ... make a determination if there is any evidence of criminal wrongdoing."

Const. Pierre Bourdages

Man arrested in gunpoint robbery

Police in Halifax have located a man they considered to be armed and dangerous, in relation to a weekend robbery.

On Jan. 10 around 11:30 p.m., police were called to a robbery happening in the 0-to-100 block of Pinecrest Drive in Dartmouth.

A 34-year-old woman and a 31-year-old man were exiting an apartment building when they were approached by a robber.

Police say the man then produced a firearm and demanded money from the woman while threatening her

He fled the scene on foot with some money, and officers were unable to find him.

Police announced Monday that an arrest warrant was issued for 38-year-old Douglas David Saulnier in relation to the robbery.

He is charged with robbery, uttering threats, possession of a weapon for a dangerous purpose, unauthorized possession of a firearm, pointing a firearm and using a loaded prohibited firearm during a crime.



Police say Saulnier was located inside a Dartmouth apartment on Gaston Road on early Tuesday morning.

He was arrested without incident. METRO

Middle Stewiacke

Man charged over child pornography

RCMP in Nova Scotia have arrested and charged a man in Middle Stewiacke for possession of child pornography.

Colchester RCMP officers, along with members of the Provincial Internet Child Exploitation Unit and the Technological Crime Unit, executed a search warrant on a residence on Kirk Road in Middle Stewiacke on Jan. 9 around 7 a.m.

A preliminary forensic analysis of devices at the home confirmed they contained images of child pornography.

A 46-year-old man was then arrested at the scene without incident and is facing a charge of possession of child porn.

He was later released from police custody and is set to appear in Truro provincial court on June 3. METRO

Bathurst, N.B.

RCMP to investigate fatal police shooting

The Nova Scotia RCMP have been called in to investigate a police shooting in northern New Brunswick that claimed the life of a 51-year-old man.

The Mounties confirm that a municipal police officer from the city of Bathurst fatally wounded the man near the community's train station on Monday at around 11:30 a.m.

The man was later pronounced dead at Chaleur Regional Hospital in Bathurst.

The man's name has not been not released, but police confirm he was from the Tracadie-Sheila area of eastern New Brunswick.

Bathurst police say the shooting occurred as officers were involved in an ongoing investigation, but few other details have been released.

THE CANADIAN PRESS



metronews.ca Wednesday, January 14, 2015 metr⊕ **CANADA**

Cairo. Baird's visit may decide journalist's faté

The fate of imprisoned Egyptian-Canadian journalist Mohamed Fahmy could be decided on Thursday when Foreign Affairs Minister John Baird arrives in Cairo.

That's the day Baird meets with Egyptian Foreign Minister Sameh Shoukry after travelling to the tourist city of Luxor on Wednesday to meet with young Egyptians to discuss the country's future.

A Foreign Affairs news release doesn't mention Fahmy by name, but says Baird will "important consular issues" with his Egyptian counterpart in Cairo on Thurs-

Earlier this month, an Egyptian court ordered a retrial for Fahmy and his colleagues, Australian correspondent Peter Greste and Egyptian producer Baher Mohamed, but a date has not been set.

Baird has previously said

Mohamed Fahmy's family said they expect him to be deported before a new trial takes place.

Fahmy's fiancée Marwa Omara told The Canadian Press in an email from Cairo that the paperwork for his deportation was underway, and that a visit by Baird could expedite the process.

Canada has been working hard behind the scenes to win the release of the Al-Jazeera journalist, who is now in his 13th month in captivity. Baird has met twice recently with his Egyptian counterpart — most recently in Bahrain — to push for the release of the 40-year-old Fahmy. The canadian press



The day of the flag draws near

With Feb. 15, the 50th birthday of Canada's beloved Maple Leaf flag, approaching, some are wondering why there there has been so little fanfare from the federal government. The party planning appears to pale in comparison to a multimilliondollar effort to mark Canada's 150th birthday in 2017, and the \$5.2 million that was spent to mark the bicentennial of the War of 1812. The founder of the Canada Flag Holiday Campaign wrote to Prime Minister Stephen Harner this week to express his disappointment in the government's lack of plans to celebrate the flag, the brainchild of former Liberal prime minister Lester B. Pearson, which was adopted in

DARRYL DYCK/THE CANADIAN PRESS

Iraq mission. CF-18s increase attacks on ISIL

Canadian fighter jets flying over Iraq have stepped up the pace of their attacks on Islamic State of Iraq and the Levant (ISIL) extremists, dropping bombs for five straight days.

Details are sometimes vague about what was hit, but since combat operations started in late October, CF-18 fighters have dropped munitions 22 times and eight of those missions have happened since New Year's Day. And in one five-day stretch ending Jan. 12, CF-18s dropped precision-guided munitions against ISIL targets six times.

The Conservative government dispatched Royal Canadian Air Force aircraft to join the multinational bombing campaign in October. Supported by some 600 military personnel, the fighters are flying from an airbase in Kuwait on missions over Iraq.

Among their recent bombing runs:

- Jan. 11 and 12: CF-18s strike ISIL fighting positions near Bayji.
- Jan. 10: two CF-18s bomb ISIL staging and storage facilities south of Haditha.
- Jan. 9: Two CF-18s supporting ground operations by Iraqi security forces near Ramadi, west of Baghdad, target an ISIL truck carrying an armoured personnel carrier, Later that day, two fighters strike ISIL positions north of Bayji.
- Jan. 8: Two CF-18s supporting ground operations successfully struck an ISIL position near Haditha.

TORSTAR NEWS SERVICE

Ottawa

U of O and its president face suit

The University of Ottawa and its president, Allan Rock, face a class-action lawsuit over the suspension of the school's men's hockey team in connection with a sexual assault investigation. The legal proceeding was launched Tuesday in Ontario's Superior Court of Justice. Two students on the team were charged last summer with sexual assault. The two are not part of the lawsuit. The canadian press

Report

Alberta premier calls recession projection flawed

Alberta's premier says he does not agree with a Conference Board of Canada suggestion that Alberta is likely to face a recession due to plunging prices of oil. Jim Prentice calls the conference board report an outlier based on analysis that is not particularly convincing. Prentice says the board's report conflicts with other projections. THE CANADIAN PRESS

consider range of scenarios Safety. Co-chairman of

security advisory group says plan may involve restricting number of entrances and conducting searches

A co-chairman of the advisory group looking at security in the wake of the Oct. 22 shootings says last week's attack in Paris won't change the plans for Parliament Hill.

Conservative Sen. Vern White, a former police chief, says the new security plan will consider a range of scenarios - from a "lone wolf" incident to a co-ordinated, wellplanned assault like the one on Charlie Hebdo last week.

"We are reacting and con-

sidering all possibilities," White said Tuesday during a lunch-hour panel program on Ottawa radio station CFRA.

Michael Zehaf Bibeau's bloody rampage in Ottawa could have been much worse, and security planners recognize the need to protect against better-armed, more co-ordinated attackers, he added.

White said that ought to include reinforcing Parliament Hill's outer perimeter, which extends at least the length of a full city block away from the front doors of the Centre Block, the iconic building that includes the Peace Tower.

"To be blunt, you need to kill them at the gates, you need to kill them on the lawn, you need to kill them outside the building," he said.

"You can't afford to let

them get inside the building. So, whatever the plan looks like to make that reality is what you have to work towards.

Improved security at the edge of the property could involve RCMP officers restricting the number of access points to three from five and conducting searches at those entrances, White suggested.

He said he's proud of the fact Parliament Ĥill is so publicly accessible, but noted there are lots of opportunities to improve security without disrupting the public's access to the country's seat of dem-

Last November it was announced that the House of Commons and Senate security officers would patrol the parliamentary precinct under a single command. Members of

Ottawa shooting

Following the fatal shooting of Cpl. Nathan Cirillo at the National War Memorial on Oct. 22, Michael Zehaf Bibeau ran up the eastern driveway of Parliament Hill unchallenged before he hijacked a minister's waiting car and drove the rest of the way to the front doors.

After running into the Centre Block, Zehaf Bibeau was shot and killed by Kevin Vickers, the Commons sergeant-at-arms, and RCMP security.

the unified parliamentary security team have been trained to carry firearms. THE CANADIAN PRESS

Arrested terror suspects were on police watch list

Parliament security plan to

The three suspects arrested in a five-day terrorism sweep were among the roughly 90 names on the RCMP's national security watch list, Torstar News Service has confirmed.

Law enforcement sources expect more terrorism-related arrests in the coming weeks, as the world's attention remains focused on last week's attacks

Twin brothers Carlos and Ashton Larmond, 24, and Suliman Mohamed, 21, were

among the 90 individuals connected to around 63 active terrorism probes by domestic security agencies. The three men were arrested and charged with a number of terrorism related offences, including participating in the activities of a terror

One of the brothers, Carlos, was arrested at Pierre Elliot Trudeau airport in Montreal on Friday. Police expect evidence to show he held an airline ticket to Delhi, India via Frankfurt,

Germany, and was intending to travel to Syria to fight for a terrorist cause. His brother Ashton was arrested the same day at a ski hill northeast of Gatineau,

A law enforcement source, speaking on the condition of anonymity, said police believe all three men would have liked to have travelled abroad had they been able to.

Little is known about the case against the three men, and the charges have yet to be

is that police believe Mohamed conspired with the two brothers to commit terrorist acts.

Police do not believe the three were radicalized in local mosques, and did not consider them to be immediate threats in the Ottawa area.

However CSIS and the RCMP have said suspects sometimes become greater threats at home after their plans to travel abroad are foiled. Torstar News Service



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metr⊕ **WORLD**

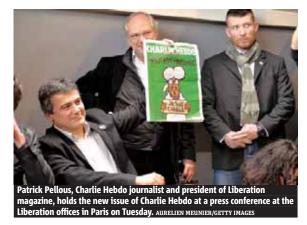
Muhammad weeps on Charlie Hebdo's cover

Defiant front. Shows prophet holding a sign with words 'All is forgiven' above him

Charlie Hebdo released a new version of its irreverent and often offensive newspaper Tuesday, defiantly putting a caricature of the Prophet Muhammad on the cover that drew immediate criticism and threats of more violence.

The newspaper also skewered other religions, and ran a double-page spread illustrating Sunday's march in Paris that drew more than a million people to condemn terrorism, claiming that the turnout was larger "than for Mass."

'For the past week, Charlie, an atheist newspaper, has achieved more miracles than



all the saints and prophets combined," it said in the lead editorial. "The one we are most proud of is that you have in your hands the newspaper that we always made."

Charlie Hebdo planned an

unprecedented print run of three million copies Wednesday - one week to the day after the assault by two masked gunmen that killed 12 people, including much of its editorial staff and two police officers.

It was the beginning of three days of terror that saw 17 people killed before the three Íslamic extremist attackers were gunned down by security

Surviving staff members are now using the offices of the Liberation newspaper, which has lent out space.

The latest cover shows a weeping Muhammad, holding a sign reading "I am Charlie" with the words "All is forgiven" above him. Renald Luzier, the cartoonist who drew the cover image under the pen name "Luz" said it represents "just a little guy who's crying.'

Then he added, unapologetically: "Yes, it is Muhammad."

Speaking at a news conference in Paris on Tuesday at which he repeatedly broke down crying, Luzier described weeping after he drew the picture. THE ASSOCIATED PRESS

PM asks for tougher measures

France's prime minister demanded tougher anti-terrorism measures Tuesday after deadly attacks that some call the French Sept. 11 — and that may already be leading to a crackdown on liberties in exchange for greater security. Police told The Associated Press that the weapons used came from abroad, as authorities in several countries searched for possible accomplices and the sources of financing for last week's

Germany. Leaders push for tolerance

German political and religious leaders appealed for toler-ance Tuesday in the wake of the Paris terror attacks, a message meant to counter both religious extremists and growing anti-Islam protests in Germany.

Chancellor Angela Merkel and President Joachim Gauck were among those who took part in the rally organized by Muslim groups near Berlin's iconic Brandenburg Gate and the French embassy, where wreaths were laid for the 17 people killed by Islamic extremists in Paris last week.

A group calling itself Patriotic Europeans against the Islamization of the West, or PEGIDA, has been staging anti-Islam protests in the eastern city of Dresden for the last three months. Its latest protest Monday drew a record 25,000 supporters, with speakers citing the Paris attacks as proof of the danger posed by Islam. THE ASSOCIATED PRESS

Will he walk free?

Egypt overturns last conviction of Mubarak

An appeals court on Tuesday overturned the last remaining conviction against Egypt's deposed leader Hosni Mubarak and ordered his retrial on corruption charges, opening the door for his possible release.

The ruling, just days be-fore the fourth anniversary of the start of the 2011 anti-Mubarak uprising, pointed to how far Egypt has moved away from its revolutionary fervour to "bring down the regime." THE ASSOCIATED PRESS

The Hague

Ugandan rebel leader on trial

Uganda's military said Tuesday the Lord's Resistance Army rebel commander who surrendered to American troops last week will be taken to The Hague for trial. Dominic Ongwen is now in U.S. custody in eastern Central African Republic, the country where he surrendered on Jan. 6, Uganda army spokesman Lt. Col. Paddy Ankunda said. THE ASSOCIATED PRESS



Baga, Nigeria. Conflict with Islamic militants grinds on

Nigeria's president was among leaders who condemned last week's attack by Islamic extremists on the French satirical weekly Charlie Hebdo, yet his response to the slaughter of civilians by militants in his own country has been muted.

Some commentators criticized President Goodluck Jonathan's reticence about the violence in Nigeria's Baga town, and the lack of a broader international outcry on par with the reaction to the attacks in France. The slogan "I am Baga" - a play on "I am Charlie," the expression of solidarity with the targeted French weekly - is now circulating on social

The global sympathy and

the defiant rally in Paris that drew foreign leaders after the assaults that killed 17 people overshadowed the of hundreds and perhaps as many as 2,000 people in Baga, a northeastern town near Chad.

Jonathan, who has been touting his domestic record ahead of a re-election bid next month, was quick to express solidarity with France.

It did not release a similarly forceful statement about Baga. The attack there started on Jan. 3 and was another bloody marker in a murky, grinding conflict in which information is often scarce, the insurgency is seen by many as a local problem and violence is routine.



in Potiskum, Nigeria, Monday. Two female suicide bombers targeted the busy marketplace on Sunday, ADAMU ADAMU/THE ASSOCIATED PRES

Free-climbers near El Capitan summit

Yosemite National

Park. The granite facing of El Capitan's Dawn Wall inside the park is considered the world's most difficult rock climb

Two climbers are almost to the top, in their bid to become the first in the world to use only their hands and feet to scale a sheer granite face in California's Yosemite National Park.

A spokeswoman said Tuesday that 30-year-old Kevin Jorgeson and 36-year-old Tommy Caldwell will likely finish the climb up El Capitan's Dawn Wall on Wednesday evening.

For 17 days, the two have been attempting what many thought impossible. The men are "free-climbing" to the 914-metre summit. This means they don't use climbing aids, other than ropes to



what is known as pitch 15 during what has been called the hardest rock

climb in the world: a free climb of El Capitan, the largest monolith of gra

prevent deadly falls.

Each trained for more than five years, and they have battled bloodied fingers and unseasonably warm weather.

Jorgeson fell 11 times over seven days trying to get past one tough section. He took to Facebook on Sunday to publicly celebrate his victory.

"It took everything in my

power to stay positive and resolved that I would succeed," he wrote of his continued attempts to get past the gruelling section.

The climb began on Dec. 27 and was expected to take two weeks. If the men finish Wednesday, they will have been on the wall closer to three weeks.

THE ASSOCIATED PRESS

India

Bad batch of liquor kills at least 28

A bad batch of bootleg liquor killed at least 28 people and sent 160 others to hospitals in the north Indian state of Uttar Pradesh, officials said Tuesday.

Many of the victims had gathered to watch a cricket match Sunday evening in a village about 30 kilometres southwest of the state capital, Lucknow, government official Anil Garg said. By midday Tuesday, 28 people had died.

Mozambique

Contaminated beer claims three more lives

Three more people have died from drinking contaminated beer, bringing the number of fatalities to 72, as the number hospitalized fell by more than 150, health authorities in Mozambique said Tuesday.



Chimp gets frozen treats

A chimpanzee named Paulinho holds two popsicles at the city zoo, in Rio de Janeiro, Brazil, on Tuesday. Zoo animals were given frozen snacks made from tropical fruits, chunks of meat and frozen yogurt to help ease the intense summer heat. SUVIA IZQUIJERDO/THE ASSOCIATED PRESS



metronews.ca Wednesday, January 14, 2015 metr⊕ **BUSINESS**

Deposit on homes a phone tap away

Real estate purchases.

New service called ExactDeposit expected to be rolled out in brokerages across the country in the spring

The mad scramble involved in putting down a deposit on a new home can be more than just a hassle — in some cases it can be a deal breaker.

In an age where most purchases can be paid with a tap from a credit card or smartphone, the process of paying a deposit to secure a real estate deal is still tied to old-fashioned paper — bank drafts and cheques — and tight delivery deadlines.

But the process that often involves homeowners making multiple bank visits, skipping work and racing to the realtor's office before closing time could soon be entering a new era. Starting in February, Royal LePage Atlantic will be one of several Halifax-area brokerages that will allow homebuyers to pay their deposits via mobile devices.

Halifax-based realtor Chris Ryan co-founded ExactDeposit with his friend Kevin Kline, who has worked in technology and telecommunications for more than two decades. The pair enlisted the help of computer science PhD candidates at Dalhousie University to develop a secure and mo-bile-friendly website that allows homebuyers to pay their deposits — around \$5,000 on average — using credit cards, a smartphone, tablet or computer. Realtors will pay less than \$10 a month for unlimited usage, while homebuyers will be charged 2.9 per cent of their transaction — a price that Kline admits may be too steep for some.

THE CANADIAN PRESS

2015 top tech trend

Deloitte picks mobile payment

More Canadians will be reaching for their cellphones to pay for purchases this year, predicts global professional services firm Deloitte.

A report, released Tuesday, sees 2015 as a "tipping point" for retailers, banks and telecom companies to adopt the technology, which allows consumers to pay with their smartphones.

Duncan Stewart, a director at Deloitte Canada, said there now are more phone models with the technology, called near field communication, and more retail locations that can accept the payments. THE CANADIAN PRESS



Alleged Silk Road kingpin on trial in N.Y.C.

Supporters of Ross Ulbricht, the alleged creator and operator of the Silk Road underground market, stand in front of a court house in New York City Tuesday on the first day of jury selection for his trial. The San Francisco man is charged with running an online black market where drugs were sold as easily as books and electronics. Prosecutors have been allowed to introduce evidence about six alleged murder plots. The government maintains that Ulbricht attempted to protect his operation by asking others to kill those who posed a threat to his business, spencer platt/getty images

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Jazz. Pilots' union reach a tentative 11-year deal

Air Canada affiliate Jazz Aviation has reached a tentative, 11-year labour agreement with its pilots union that will run until the end of 2025 if it is ratified.

The proposed contract is a key element in a revised arrangement with Air Canada, which buys most of the capacity on Jazz planes to carry passengers between the main hubs and other smaller cities.

The agreement between the airlines changes how the fees charged by Jazz are calculated from a "cost plus" mark-up model to a fixed-fee compensation structure.

The deal, which runs until the end of 2025, also gives Jazz pilots access to pilot vacancies at Air Canada.

Air Canada's own pilots ratified a 10-year contract last October that will run until September 2024, about 15 months before the Jazz agreement expires in December

Among other things, the Air Canada agreement with its pilots eases the way for the expansion of Air Canada Rouge — a lower-cost service targeted at the holiday travel

THE CANADIAN PRESS

Airlines. AirTran goes out in style as most punctual

AirTran Airways tops all U.S. airlines in the latest rankings for on-time arrivals, knocking off perennial winner Hawaiian Airlines.

The bad news for passengers who love punctuality: You can't fly on AirTran any more. The low-fare carrier flew its last flight on Dec. 28 and has been folded into Southwest Airlines, which bought Air-Tran in 2011.

AirTran posted a 90.4 per

cent rating, and Hawaiian was

second at 89.4 per cent. Envoy Air finished last with an on-time rating of 69.3 per cent. Envoy operates many American Eagle regional flights for American Airlines.

The U.S. Department of Transportation said Tuesday that 80.6 per cent of domestic flights on the 14 biggest airlines arrived within 14 minutes of schedule in November. THE ASSOCIATED PRESS

Oil prices fallout

Suncor Energy cutting 1,000 jobs

Suncor Energy is reducing its workforce by 1,000 and cutting \$1 billion from its capital budget in response to falling crude oil prices.

The Calgary-based oilsands giant says the job cuts will mainly affect contractors, but include some employee positions. Projects that haven't yet been given a final goahead are being deferred, such as expansions to the MacKay River project and the White Rose development. THE CANADIAN PRESS

Market Minute



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14,187.16 (-77.85)



OIL \$45.89 US (- 18¢)



\$1,234.40 US (+ \$1.60)

Natural gas: \$ 2.943 (+14.8¢) **Dow Jones:** 17,613.68 (- 27.16) metronews.ca Wednesday, January 14, 2015

VOICES

FALL IN LOVE RIGHT NOW

Try a little social experiment. Turn to the person sitting beside you on the train or bus and go through the 36-point exercise printed below. It could make you fall in love.

It apparently worked for Mandy Len Catron, a University of British Columbia writing teacher, who fell in love with a man after going through this very exercise and staring into his eyes for exactly four minutes.

The experiment was created more than 20 years ago by psychologist Arthur Aron, who says he successfully got strangers to fall in love by having them ask and answer a series of questions that gradually become more and more intimate. Len Catron recently wrote about her experience in the New York Times, detailing how she and an acquaintance recreated the experiment at a bar one night, and two hours later, were in love. Skeptical? Give these a try!

- 1. Given the choice of anyone in the world, whom would you want as a dinner guest?
 - 2. Would you like to be famous? In what way?
- 3. Before making a telephone call, do you ever rehearse what you are going to say? Why?
- 4. What would constitute a "perfect" day for
- 5. When did you last sing to yourself? To someone else?
- 6. If you were able to live to the age of 90 and retain either the mind or body of a 30-year-old for the last 60 years of your life, which would you
- 7. Do you have a secret hunch about how you
- 8. Name three things you and your partner appear to have in common.
- 9. For what in your life do you feel most grate-
- 10. If you could change anything about the way you were raised, what would it be?



11. Take four minutes and tell your partner your life story in as much detail as possible.

12. If you could wake up tomorrow having gained any one quality or ability, what would it be?

13. If a crystal ball could tell you the truth about yourself, your life, the future or anything else, what would you want to know?

14. Is there something that you've dreamt of doing for a long time? Why haven't you done it?

15. What is the greatest accomplishment of your

16. What do you value most in a friendship?

17. What is your most treasured memory?

18. What is your most terrible memory?

19. If you knew that in one year you would die suddenly, would you change anything about the way you are now living? Why?

20. What does friendship mean to you?

21. What roles do love and affection play in

22. Alternate sharing something you consider a positive characteristic of your partner. Share a total

23. How close and warm is your family? Do you feel your childhood was happier than most other people's?

24. How do you feel about your relationship with your mother?

SO ... DID IT WORK? Let us know at readers@metronews.ca

- 25. Make three true "we" statements each. For instance, "We are both in this room feeling ...
- 26. Complete this sentence: "I wish I had someone with whom I could share ...
- 27. If you were going to become a close friend with your partner, please share what would be important for him or her to know.
- 28. Tell your partner what you like about them; be very honest this time, saying things that you might not say to someone you've just met.
- 29. Share with your partner an embarrassing moment in your life.
- 30. When did you last cry in front of another person? By yourself?
- 31. Tell your partner something that you like about them already.
- 32. What, if anything, is too serious to be joked
- 33. If you were to die this evening with no opportunity to communicate with anyone, what would you most regret not having told someone? Why haven't you told them yet?
- 34. Your house, containing everything you own, catches fire. After saving your loved ones and pets, you have time to safely make a final dash to save any one item. What would it be? Why?
- 35. Of all the people in your family, whose death would you find most disturbing? Why?
- 36. Share a personal problem and ask your partner's advice on how he or she might handle it. Also, ask your partner to reflect back to you how you seem to be feeling about the problem you have

***Don't forget to stare at each other for four

Et voilà! You should be deciding on the names of your children right about now.

I broke my back sledding a decade ago



I've watched the debate about whether cities should ban tobogganing with some interest. Sledding can be dangerous, and I think municipalities should have some control over where it happens. I should know. I broke my back a decade ago while sledding at Confederation Park in Calgary, and my life has been altered by that event.

On Boxing Day of 2003, my brother and I decided to go sledding. I hadn't been tobogganing in a decade and the weather was fantastic: Sunny, blue skies, mild temperature. Upon arriving at the hill, there were ominous signs that amused me at the time: a broken GT Snow Racer ski, pieces of shattered crazy carpets, lost gloves, helmets, etc. Years later and after the fact, I like to refer to the scene as a toboggan graveyard.

My brother went down the hill first on a large plastic disk. The snow was compact, presumably from thrill-seekers leading up to that day, and because the weather was quite warm, the snow had melted and refrozen a few times. As a result, he went like a bat out of hell as I watched anxiously.

It was my turn. I didn't even have a chance to put my legs back onto the toboggan before I was completely out of control. My journey down the hill seemed like minutes, and the whole time I was using my legs as brakes to try to slow my speed. And then, BAM! It was a feeling I have trouble describing. A feeling I cannot forget. My entire body felt like it was broken in half. All I felt was pain. It was fierce and relentless, and I've never felt anything like it since.

When I arrived at the hospital, they tied me down to a table for two weeks, before placing me in a body cast for six months. I had suffered a burst-compression fracture of my L1 vertebra. I was told that tobogganing accidents are incredibly common, and one of the reasons for this is that the human derrière isn't built to absorb the extreme forces that come from tobogganing.

Since the accident, I've suffered from chronic pain and an inability to sit down or sleep for any length of time. I can walk, but in a very limited sense: typically no more than a few hundred metres before back pain gets too intense. When this happens, my legs also become weak. The medications to deal with this are brutal in that they make me incredibly tired and zombie-like. Since the break, I've been losing more and more feeling in my legs: About 40 per cent total loss right now. The reason for this is because overcompensation has led to increased degeneration of my spine directly above where I broke my back.

Like every sport or activity, tobogganing carries risks and dangers. Mine was a freak accident. I could have broken my neck on the boards playing hockey. I could have been hit in the head with a golf ball while on the back nine.

I do not agree with an outright ban, and limiting times and conditions seems like ridiculous government overreach. However, designating safe places to toboggan seems like a prudent course of action. There are inherent risks in any activity, but we can try to minimize those risks. Dylan Reardon is a Calgary-based student and writer.

RE: Get on the Consultation Bus, published Jan, 13, 2014

As a retired bus operator of 20 years, I am quite aware of the many problems in the system. In the column, it was stated that "any day now transit officials will release their proposed new bus network." I for one will be following that very closely. If it goes the same way as things have in the past, it won't be much! I may sound pessimistic, but believe me, I have many good reasons for being that way. I have many suggestions to make, but will wait until those so-called "transit officials" unveil their "master plans" to eliminate many of the problems. However, I will leave you with one suggestion: Reduce the number of routes utilizing Spring Garden and Barrington streets during peak hours. I know for a fact there are more than 20 (twenty!) routes on these main arteries, and it's quite obvious by congestion during those times. A couple of years ago, I contacted my councillor regarding suggestions to improve the transit dilemma. I suggested with a little organizing she could contact retired bus operators to have meetings to discuss ways to improve the system — of course that suggestion never came to light as I never heard or saw a reply to that. I guess the "what to do about cats thing" overrode my inane suggestion. Regard-less, let's see where you go with this! Lewis Wells, Halifax



14 GOSSIP metronews.ca Wednesday, January 14, 2015





Leo and RiRi play the flirting game

Leonardo DiCaprio and Rihanna were spotted living it up together at a recent Playboy Man-

sion party, which admittedly sounds like a game of Hollywood gossip Mad-libs. But when it comes to how intimate they were getting, we're left with a different game all together: duelling anonymous sources.

One such source claims that DiCaprio and Rihanna were being

Rihanna GETTY IMAGES

incredibly flirty, going so far as locking lips at the soiree.

But another? "No one was making out. They are just friends. That's it," the second source tells E! News. "There was a big group dancing. Tom Hardy, Naomi Campbell and a bunch of other people. Everyone was having a good time together. Maybe a little bit of friendly flirting, but no scandal here."

Oh, you're no fun.

And baby makes twee... Zooey expecting first child

The nice thing about all these celebrities having lifestyle websites is that they can handle all their big life announcements themselves.

Much like Blake Lively did last October on Preserve, New Girl star Zooey Deschanel has used Hello Giggles to reveal that she is pregnant. Deschanel and boyfriend Jacob Pechenik are expecting their first child together this summer.

"Jacob and I are over the moon. We are so excited to meet our little one," Deschanel says in a statement.

As of press time, there was no word on how chunky the baby's bangs would eventually be.



Well, that's creepy! Jen on Billy Bob's to-do list

Everyone has goals, dreams, items on their bucket list, things they really want to do. For a newly minted Golden Globe winner, that includes Jennifer Aniston. Billy Bob Thornton did a bit of an overshare backstage at the Globes when Access Hollywood challenged him to a game of Would You Rather, pitting celebrities against each other to vie for

the Fargo star's amorous attention. Asked to choose between Reese Witherspoon and Aniston, Thornton quickly

ton quickly
replied, "Jennifer Aniston,
lifelong goal.
That's all I'm
saying." A
simple yes
or no would
have sufficed.

He even doubled down when presented with a choice between Aniston and Keira Knightley, saying, "Jennifer Aniston. How many times does it take you to get this through your head?"

The creepiness of his fixation aside, he at least gets high comedy marks for his response to the options of Bill Murray and Christoph Waltz: "I don't even know what the

second one is, so Bill Murray." The second one, Mr. Thornton, is someone who has more Oscars than you. Just so you know.



Billy Bob Thornton, Jennifer Aniston GETTY IMAGES



Playtime was never this fun

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metronews.ca Wednesday, January 14, 2015

We'll miss you, good people of Pawnee: Bidding farewell to Parks and Recreation

Final season. Can we really live in a world with no more quotes from Ron Swanson? We'll just have to try

LISA WEIDENFELD

The sad day is finally upon us: We must now begin saying goodbye to Leslie Knope and the parks department on Parks and Recreation. The show started its final season last night, and while it has come close to being cancelled nearly every season it's been on, that doesn't make the prospect of saying farewell any easier.

Parks and Recreation found a devoted audience who loved its optimistic humour and careful creation of a fictional but delightful town. Here are the five things we'll miss most about the show.

Co-workers who actually like each other

- The cubicle drones of The Office often seemed to be living in a state of barely concealed distaste for each other, but Parks and Recreation has generally gone in the opposite direction, with the exception of poor Jerry. Or Gary. Or possibly Barry, by this point.
- As different as the various Parks department employees are, they've always been supportive of each other's endeavours, from Donna investing in the Snakehole Lounge with Tom to the way everyone pulled together for Leslie's ill-fated city councilwoman campaign.

The town of Pawnee, Ind.

We may not have known much about humble Pawnee at the beginning, but we've all grown to love the residents of the town (which we all know is First in Friendship, Fourth in Obesity).

And who hasn't enjoyed learning about the colourful Pawnee city mottos? There was the time they got taken over by the cult of Zorp, or the time they claimed to be the birthplace of Julia Roberts, then got sued for it. Mostly, we'll miss the town's

historical murals, each of which is more offensive than the last.

Leslie Knope herself

At its best, the show found great ways to translate Amy Poehler's high-energy screen presence into a character who was both hugely dorky and inspirational.

Sure, she loved organizing everything in binders, and went overboard in every facet of her life, but Leslie was that rare comedic creation whose arc combined personal and professional achievements in a way that made everyone root for her.

The couples

Remember the episode when April and Andy got married on a whim, only a few episodes after starting to date? It's unlikely anyone would have guessed those two would be the most stable relationship on the show, but the writers always found cute, funny ways to make them work as a couple, despite Andy's cluelessness and April's hatred of, well, everything.

And while we're happy

And while we're happy Ron found love with Lucy Lawless' Diane, we're sad we won't get to see any new adventures between Ron and Tammy, because Nick Offerman and Megan Mullally brought just the right degree of crazy every time they were onscreen together.

It always warmed your heart Parks has gotten a lot of credit over the years for the warmth of its humour. The show

makes you laugh at the antics of its characters, but never sneers at them or asks viewers to mock them. Sure, we knew most of Tom's business schemes were doomed to failure, but he's now started a few

successful ones, and no one on the show treated him like he was a fool for dreaming of a life beyond Pawnee. And as outlandish as Leslie's behaviour got, the people around her always loved her for it.

Airdates. Mad Men episodes set for April

The climax to acclaimed U.S. drama Mad Men will begin on April 5 when the first of the final seven episodes airs, AMC television has announced.

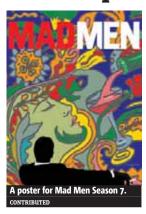
The seventh and last season of the hit show chronicling the lives of New York advertising executives in the 1960s officially got under way last year, with seven episodes being shown.

But the last half of the season was held over until 2015, with the final seven episodes now confirmed to begin screening in April.

"What an incredible journey this has been. I take great pride in what the entire Mad Men team was able to create episode after episode, season after season," executive producer and creator Matthew Weiner said in a statement cited by several entertainment news media.

"We sincerely thank the fans for joining us on this ride, and hope it has meant as much to them as it has to us."

First aired in 2007, Mad Men has emerged as one of the most successful shows of the past decade, adored by critics worldwide and winning a clutch of awards both in the United States and overseas. AFP









metronews.ca
Wednesday, January 14, 2015



Scott Foley knows just how to dispose of a body

Q&A. Don't worry, Scandal actor says it was only for research for his new movie, Let's Kill Ward's Wife



NED EHRBAR Metro in Hollywood

Scott Foley knows you're not the biggest fan of his character on Scandal, so he wasn't all that concerned with turning viewers off by playing the character who does the deed in Let's Kill Ward's Wife, a dark comedy he also wrote and directed. Just be careful how much you criticize him, since he's exceptionally well-versed in how to dispose of human bodies now.

I'm always a fan of darker humour, but it can be risky.

You

We knew going into this that there were going to be a lot of people who don't feel that way with this.

How do you prepare yourself for those kinds of reactions?

I'm sort of used to it at this point. I knew going into this that you can please all of the people some of the time and some of the people all the time, right? But you can't please all of the people all the time. There's something liberating about that. You like it? You don't? OK. I'm happy with the film that I made, and if you get it, I think you're going to enjoy it. And if you don't, it's not for you.

I've heard the secret is to just figure out what you want to see and make that.

Mmmhmm, yeah. And you hope at some point, someone out there is like, "Hey, I kind

of like what he likes, too!" Or else you stop making films.

It's interesting that you can find so much sympathy for a character that up and decides to kill his best friend's wife.

That was a challenge, especially now with the NFL and all this talk of domestic violence, it's just the wrong time. But the great thing is we sort of reversed the roles. The domestic abuse is being perpetrated on the gentleman this time instead of the woman in the relationship, and how his friends decide to take things into their own hands - whether it be accidental or on purpose — is a different story. But it was a hard balance between the gruesome and the heavy stuff and trying to find moments of levity.

And I'm assuming you picked up some interest-

ing new skill sets while researching this script.

I probably spent about two days on the Internet going to these deep, dark websites that maybe me and one other weird guy had ever gone to and learning all the ways to dismember a body, to decompose a body, to get rid of a body — how to do it so the dogs don't smell the scent. One of the things that I found that I didn't use in the film is that if you put a body in a bag with kitty litter, it'll turn into jelly in a month. So f-ed up, but true. I'm surprised no one knocked on my door going, "Hey, what are you doing, Mr.

It does still seem like an odd thing to become an expert in.

Yeah, but you've got to specialize. You've got to focus. And if that's your thing, that's your thing.

"AN OSCAR WORTHY PERFORMANCE FOR JENNIFER ANISTON IN AN INSPIRING FILM ABOUT REDISCOVERING YOUR LIFE."





Cult TV. Twin Peaks revival includes return of Kyle MacLachlan

The American actor will reprise his role as Agent Dale Cooper in new episodes of Twin Peaks, the cult detective series presented by David Lynch and Mark Frost in 1990. Showtime will air this new season in 2016, 25 years after the last episode aired on ABC.

Confirmed by Lynch himself last October, the Twin Peaks revival will be a miniseries with nine episodes, all written by the filmmaker in collaboration with Frost, who co-developed the original series.

A quarter century after the high school student Laura Palmer was found dead by a lake in Twin Peaks, FBI agent Dale Cooper will return to the strange town for a new investigation set in the present day. Kyle MacLachlan will return to this role, which helped to launch his career at the time. Since then, the actor has confirmed his talent in several series, including Sex and the City, Desperate Housewives, How I Met Your Mother, The Good Wife and Agents of S.H.I.E.L.D.

First broadcast by ABC from April to June in 1990,



Twin Peaks regularly makes its way into TV critics' lists of the most influential shows of all time.

Like many of Lynch's films, the cult series combines suspense with humour and reality with fantasy, often through the juxtaposition of dreamlike elements with everyday settings. APP

Netflix

House of Cards is back Feb. 27

Netflix has released the trailer for the political drama's coming season.

Between the harrowing soundtrack, rapid succession of images and serious expressions on the characters' faces, the trailer suggests the next season of House of Cards will be more intense and chaotic than ever.

"You wanna know what takes real courage? Holding it all together when the stakes are this high," insists President Frank Underwood (Kevin Spacey) in a strict, perhaps even threatening

First Lady Claire Underwood (Robin Wright) concludes the trailer with the line "We're murderers, Francis." One wonders whether she is reminding her husband of events in the past or referring to incidents to come in this new season.

The third season of House of Cards received a welcome boost Sunday, when Kevin Spacey won the Golden Globe for best actor in a drama for his performance in the previous season. AFP

How-to

Save money at the airport

1. Rather than shelling out a taxi fare at the airport's front door, persuade a friend or relative to drive you.

2. Take a bus, train or the local transit to and from the airport, even if it means leaving home earlier — and packing lighter.

3. Take an empty water bottle through security, then fill it up on the other side. You don't need to pay \$5 for a bottle of water.

4. Coffee up at home.

5. Bring foods that are easy to pack — sushi, sandwiches — and skip departure lounge food. 6. Avoid the shops! Bring books, magazines and sundries like batteries with you. DOUG WALLACE/METRO

Tool

Sunscreen app

Heading south? Load this free app onto your phone to keep sunburns to a minimum. You enter your location, skin type and the SPF of your lotion.

The app then detects the UV Index rating of your sunny spot and sets a timer to alert you when it's time to apply more sunscreen. It also comes with info on health precautions to



Deals

Cuba for less

Cuba has always been the cheap and cheerful route for a week at the beach. Sunwing is making it even more attractive with deals on a few all-inclusive Cuban resorts they've recently started to work with, including up to 45 per cent off the new, 530-room Memories Holguin Beach Resort in Holguin. Get up to 20 per cent off at the new five-star Royalton Hicacos Resort & Spa in Varadero and up to 25 per cent off at the new Starfish Cayo Santa Maria, which is gigantic at 1,300+ rooms. Visit Sunwing.ca.

DOUG WALLACE/METRO





National Geographic explores the tourism business

Thatched bungalows in the rainforest of Costa Rica and luxurious tents in the Australian Outback are among some of the properties chosen to form National Geographic's new collection of boutique hotels and lodges. Launched as the National Geographic Unique Lodges of the World, properties chosen were judged on factors such as design and character, guest experience and quality of service, and sustainability practices. The initial collection includes 24 lodges that span the world, from Australia to Canada, and includes Newfoundland's Fogo Island Inn (pictured above). Special NatGeo packages are also being launched within the group that offer add-ons such as a private sunset wildlife cruise at the Nimmo Bay Wilderness Lodge in B.C., or a private tour and outing with an on-site scientist at The Brando in French Polynesia. Text and Proto AFP



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UPDATED

Offer valid for departures between Feb. 7 to Apr. 4, 2015. Classic beverage package for two applies to two guests (21 years Offer valid for departures between Feb. 7 to Apr. 4, 2015. Classic beverage package for two applies to two guests (2) years and older) per stateroom and includes beers up to 56 per serving; spirits and cockatis up to 58 per serving and wine up to 59 per serving, sodia selections, fresh squeezed and bottled juices, premium coffees and teas and non-premium bottled water. Upgrades to other beverage packages are available for an additional charge plus beverage gratuities. Gratuities applies to two guests per stateroom and provides for prepaid stateroom attendant, walter, assistant waiter and head waiter gratuities (amounts based on gratuity guidelines). 3rd and 4th guests receive gratuities and non-alcoholic beverage package which can be upgraded to an alcohol package for a fee. "3rd/4th guest precise on Mar. 7 saling in an interior stateroom - other categories slightly higher. Max. total baggage allowance of 20 kilos (44 lbs.) per person. Price is in CAD, p.p. based on double occupancy for new individual bookings, subject to availability and may change at any time and is inclusive of lates, fees and port charges. Ports of call vary by itinerary. Prices are based on the lowest minimums available as follows and will vary by salling: suites from \$3391 for sailine Mar. 27.1 verandas from \$1999 for Mar. 7 sailing occapancy extracrooms from \$1390 resaline Mar. port crianges. Tot so can lear by inclearly. Trees are observed in the other straining available as unions and will vary by saling suitles from \$3339 for salling Mar. 21, verandas from \$199 for Mar. 7 salling, oceanview staterooms from \$1499 for salling Mar. A Other categories/occupancy types and salling dates are available at varying prices. Celebrity Reflection* Eastern Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 8, Mar. 14, 28 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 714, Mar. 4 Apr. 4 and Western Caribbean Feb. 714, 217, Mar. 4 Apr. 4 Apr prices. Celebrity Retriection* Eastern Lariboean Feb., 14, 21, Mar. 1, 21 & ADR. 4 and vestern Landbean Feb., 26, Mar. 14 & Z.B. This program is not combinable with any other offers and is not available online. <u>+Based on availability at time of printing. Space is subject to availability and change at time of booking.</u> Please ask for details regarding terms and conditions concerning deposit, final payment and cancellation penalties. Restrictions apply. Celebrity Cruises reserves the right to correct any errors, inaccuracies or omissions and to change or update fares, fees and surcharges at any time without prior notice. © 2014 Celebrity Cruises, Inc. Ship's Registry: Malta and Ecuador. All Rights Reserved. 5758 • 12/14

∣metr⊕

Charming colonial Curação

Beyond the beach. This little Dutch

colony has incredible architecture. shipwrecks and diving



ON THE oren Christie

If you're looking to sunbathe all day long, the island of Curação may not be your best choice. But if you're a snorkeller, scuba diver, foodie, history junkie, golfer or culture vulture, this former Dutch colony located approximately 60 kilometres off the coast of Venezuela — is the perfect vacation destination.

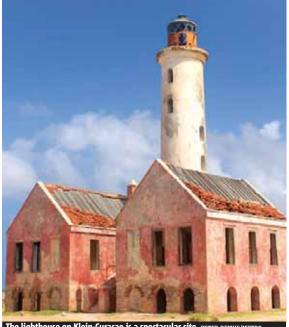
The unique capital of Willemstad is a bustling port city that earned UNESCO World Heritage status in 1997 due to its incredible collection of Dutch colonial architecture. Picture the unique gabled houses of Amsterdam painted in vibrant pastels and peppered with palm trees.

The vibe is strongly

Dutch, but the influences of Spanish, English and the local Papiamento people are also evident in all aspects of life including the music and cuisine.

The food at the Gouverneur de Rouville reflects the cosmopolitan makeup of the island and the service, ambiance and views at this charming heritage building overlooking the harbour are outstanding.

The island's beaches, a mix of both public and private access, are small and tend to be crowded. However, for snorkellers and divers, beaches such as



Playa Kalki and Playa Lagun make great welcome mats to an entire ocean of coral and exotic fish.

Devoid of permanent populations, the tiny island of neighbouring Klein-Curação offers a long stretch of white sand beach as well as an abandoned lighthouse and two shipwrecks to explore.

It's well worth the twohour boat trip there and back, but be warned: The sometimes rocky voyage is not for people with sensitive stomachs.

Although home to American chain hotels such as Marriott and Hilton, the local Kura Hulanda properties make for a more interesting accommodation choice. The Village & Spa is a boutique hotel in downtown Willemstad occupying 65 intricate-

ly restored buildings, which showcase the city's Dutch architectural history. On the west end of the island, the Kura Hulanda Lodge is a stunning resort, with a world-class reef just off

I travelled to Curação as part of a large group, so we opted to rent a villa, which was not only more affordable than most of the hotels, but it gave us the chance to live like locals. We made several of our dinners from bounty scored at the supermarket and the city's floating market, and got to experience the Jan Sofat neighbourhood; going for walks and on the recommendation of the villa's owner Anne-Marie Tap, we joined 3,000 other people for the annual New Year's Day swim.

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Explore the winding trails of Wales

Hiking haven. This rugged country offers both epic journeys and leisurely walks

Looking for a hiking vacation that's off the beaten track but guaranteed to delight with an array of trails for all skill sets, amazing views, quaint accommodations, a wealth of history and top-notch cuisine?

Consider Wales.

The mountainous country, part of the United Kingdom, is bordered by England in the east, the Irish Sea to the north and west and the Bristol Channel in the south.

There are several worldclass hiking regions, all distinct, all worth seeing, and situated close enough to one another that most of Wales can be explored in as little as a week via rental car.

There are no direct Canadian flights to Wales, but fly into any of the major London airports and connect to either Cardiff, Swansea or Liverpool.

From Liverpool, it's a quick jaunt into the northern reaches of Wales, where you can start your hiking vacation in the Llandudno and Colwyn Bay area.

The hiking highlight of the region is the Great Orme, a coastal landmark more than 200 metres above sea level with Stone Age origins.

There's a circular walk around the headland that starts and finishes at the summit, providing spectacular views of Liverpool Bay and the Irish Sea, the Carneddau mountains, the island of Anglesey and the Menai Strait — a stretch of which is called the "swellies" by locals due to its hazardous whirlpools and surges.

History lovers shouldn't miss Conwy Castle, built by Edward I during his conquest of Wales between 1283 and 1289. It's among the best-preserved medieval fortifications in Britain, and visitors can wander its battlements at will.

From Colwyn Bay, veer southwest into the grandeur of Snowdonia.

The famously stunning re-



gion is dotted with picturesque villages. Stop at Betws-y-coed on your drive in, an impossibly pretty riverside hamlet with a cosy pub located at the Ty Gwyn Hotel and featuring an excellent menu. The local steamed mussels and salt-marsh lamb

shouldn't be missed.

To work off your lunch, there are trails for hikers of all capabilities. Expert climbers can take on the seven-hour hike up Mount Snowdon, the highest peak in south Britain, via the Crib's Goch knife-edge

ridge, but there are plenty of other shorter, less hair-raising hikes through the dramatic hills of the region.

From Snowdonia, veer back northwest to Anglesey. The highlight of the island is the spectacular South Stack Light-

If you go..

Check out the Visit Wales website at visitwales.com for accomodation options, including cottage rentals, working farms, camper vans and hiking recommendations. Wales Tourists Online (walestouristsonline. co.uk) also has an extensive database of accommodations options.

house, perched on another rugged, windswept isle joined to Anglesey by an aluminum bridge and open for exploration by tourists. There are plenty of hiking trails in the area, including an hour-long hike that starts in Breakwater Country Park in nearby Holyhead and leads to South Stack. The Anglesey Coastal Path also passes by South Stack.

The only possible downside to a Welsh hiking vacation? The rain. Pack rain gear, because all-day sunny hiking weather is rarely a guarantee.

THE CANADIAN PRESS



metr⊕ **WORK & EDUCATION**

Packing your lunch like a professional

Career. Six tips that will help you prepare homemade, healthy lunches simply and swiftly

TOPAN

Is healthy eating one of your resolutions for 2015? A great way to achieve that is by packing a lunch for school or work. It will save you a lot of money in the long run, too. Here's how to get started.

Plot out four weeks' worth of

meal ideas in a calendar or schedule. Choose options you enjoy, that you can make in advance and that are easy to transport. Repeat your plan every month, and mix it up when you get tired of certain meals, or to reflect what you have in your kitchen.

Sketching out your meals for the month will take away the stress of trying to come up with new ideas all the time. It will also mean you know exactly what you need to buy each week to prepare your lunches, saving you time in the grocery store. If you're trying to save money or prefer to eat locally, adjust your meal plan seasonally, and check what's on sale at the start of each month to stock up on non-perishables, then incorporate those into your meal plan for the next four weeks.

Prepare meals in batches

You can save time by preparing multiple meals at once, because it cuts down on the overall time you have to spend washing, chopping, cooking, portioning and cleaning up. Block off a couple of hours each week to prepare your lunches for the next five days (Sundays are great if your schedule allows).

If you don't already have one, invest in a Tupperware set that includes different sizes for your main meal, snacks, sauces and accompaniments.

Having four to six good-sized containers will mean you can pre-portion several meals at once. Opt for glass containers or BPA-free plastic.

Strive for balance

Although you should stick to meals that don't take long to prepare, you don't want to sacrifice nutrition. Ideally, your lunch should be proportioned as follows: half your plate should be vegetables and/ or fruit, a quarter should be protein and the other quarter should be grains. Keeping this in mind means you can toss together a balanced meal to keep you satisfied until dinner, as long as you choose healthy options. Use what you have on hand; try beans, legumes, nuts, seeds and lean meats for your protein, whole grains like brown rice, quinoa, and whole wheat noodles for your grains and a variety of fresh produce for the fruit/vegetable portion of your meal.



cravings throughout the day. ISTOCK

Give your portfolio a noticeable pick-me-up

Career. This is your professional identity in one package, so be sure to make it pop

CELINE TARRANT

Many professionals make the mistake of thinking that they don't need a portfolio because they don't have anything to put in one. Here's how to put together a professional port-

folio that will help you showcase your work, highlight your skill set, and can serve as a valuable career planning tool.

What is it? What should you include in it?

This is not a resumé; it's a collection of your professional achievements. Unlike a resumé, there's no page limit, so it should include all the projects you've worked on, recommendations, reference letters, awards, side projects, publications, a listing of conferences and events you have attended or spoken at, courses and workshops, and anything else you feel is relevant to your profes-

• To jog your memory (and your manager's): Simply put, most people are terrible at remembering things. Unless you write down and reflect on relevant and important experiences, it's easy to forget about them.

If you forget about your own achievements, what are the chances a potential employer will remember? It's important to document and showcase what you have accomplished so you can communicate more effectively with your manager



You will often need references from your manager when looking for a new job. You can use a portfolio to help guide your manager to highlight what is important to the new job, not just what they can remember you worked

about how you have contributed to the team, and demonstrate ways you have gone above and beyond.

To help you land your next job:

As you advance your career, this tool should also make it easier for you to quickly gather and comment on relevant work experience. For example, if you're in PR and applying for a marketing job, you should be able to look to your portfolio

and very easily gather all the marketing-related projects you have worked on and identify the overlapping skill sets because you have carefully organized and tracked them over the

Career planning and development:

As you go through the exercise of putting together your portfolio, and continue to add to it over time, patterns will start to emerge. Maybe you notice that

all of your projects have been internal and you need some more client-facing experience.

How you actually collect

is up to you.

everything and organize it

Maybe it's a formal hard-

copy document that you

use publicly and share

with others. Maybe it's

just an informal folder on your computer where

you keep relevant docu-

ments for your eyes only.

However you choose

to do it, the thing that

matters is that you are

keeping track of all the amazing work you are

doing, and keeping it up to date and relevant. Set a recurring calendar

date with yourself each month and commit to

revisiting your portfolio to reflect on your experiences so far, update it

with new information, and plan for the month

ahead.

Or that you've been to five social media workshops this year, and you still haven't put up your hand to run the next Twitter campaign.

It should help you identify where you are over- or underindexed in certain areas, highlight gaps in your skill set, and draw your attention to opportunities for personal develop-



metronews.ca Wednesday, January 14, 2015 **FOOD**

Take chili beyond ground beef and beans

Mixed Veggie and Steak Chili. This refreshing take on the classic hearty dish doesn't take much time or effort to make



DINNER **FXPRFSS**



Try making chili with steak next time you have a hankering during the week. It's just as easy as using ground beef but has a chunkier texture, which is a nice change.

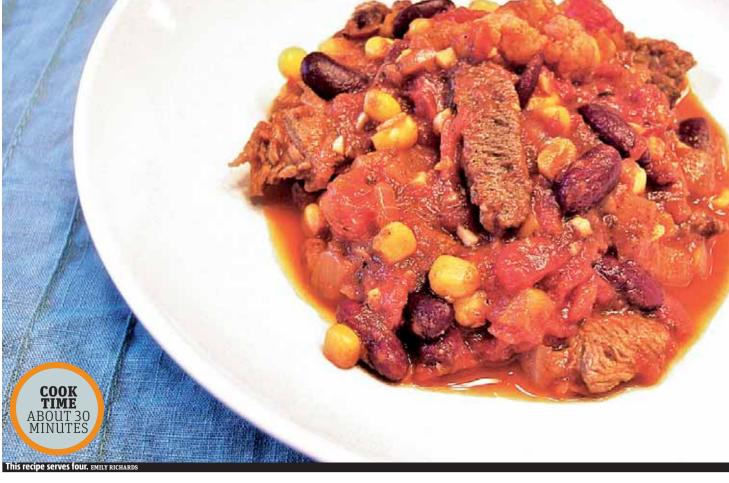
You can use stir-fry strips if you don't want to slice the steak yourself, but slicing takes no time at all.

Use your favourite fresh peppers or mushrooms, but to make this in a snap, why not check what's available in your freezer and bulk up the pot with a variety of frozen vegetables.

Pick up a few bags when they are on sale and then you will be ready to whip up this dish or serve up a variety of veggies alongside your favourite weeknight meal.

Keeping a bag of frozen mixed vegetables in your freezer is also an easy way to pump up your soups with flavour and texture, not to mention extra servings of

This chili is perfect served



up with a crunchy salad.

Directions

1. In large shallow saucepan or Dutch oven, heat oil over medium-high heat and brown steak. Remove to plate.

2. Add onion, garlic, chili powder, oregano and cumin and cook, stirring for about 5 minutes or until softened. Stir in tomatoes, frozen

vegetables, beans and tomato paste; bring to a boil. Stir in steak; reduce heat and simmer for about 20 minutes or until chili is thickened.

- 1 tsp (5 ml) canola oil • 1 sirloin grilling steak (about 12 oz/375 g), in 1/2 inch (1 cm) pieces
 - 1 onion, chopped
- 2 cloves garlic, minced • 1 tbsp (15 ml) chili powder
- 1 tsp (5 ml) each dried oregano
- leaves and ground cumin
- 1 can (28 oz/796 ml) diced tomatoes
- 2 cups (500 ml) mixed frozen vegetables, such as broccoli,
- cauliflower and carrots
- 1 can (19 oz/540 ml) red kidney beans, drained and rinsed
- 1/4 cup (60 ml) tomato paste



A filling chickpeas and beef combo

Isn't it great to be richly rewarded for spending mere minutes in the morning assembling dinner in your slow cooker?

My favourite dish is beef stew. But how to make a batch that satisfies without being too heavy? Enter today's star ingredient: the chickpea!

This delightful legume is my secret for adding lots of lean protein and fibre to many dishes. It's hearty enough to hold its own alongside other proteins.

This beef stew with chickpeas is comfort at its finest beef cubes briefly sautéed golden brown with turmeric, then simmered in red wine, beef stock, lemon zest and prunes in a relationship that can only be described as symbiotic. To reduce saturated fat, I use a leaner cut of meat and less of it. The

chickpeas and veggies mean you won't miss the extra meat.

1. In bowl, mix flour, turmeric

- 1 tbsp all-purpose flour
- 1 tsp ground turmeric
- Kosher salt and ground black
- 1 lb lean stew beef (such as top
- round), cut into 1-inch cubes
- 1 tbsp olive oil
- 1 medium yellow onion, roughly chopped
- 1/2 cup chopped pitted prunes
- 2 medium carrots, roughly

- 1 medium zucchini, chopped
- 3 cloves garlic, minced
- Zest and juice of 1 lemon · 2 tsp grated fresh ginger
- 2 tsp minced fresh oregano (or 1 tsp dried)
- 1/3 cup red wine
- 1 cup beef stock
- 15-oz can chickpeas, drained and

and a hefty pinch each of salt and pepper. Add the beef cubes and toss to coat evenly.

2. In sauté pan over mediumhigh, heat the oil. Add the beef and brown on all sides, 2 to 3 minutes per side. Set aside.

3. Coat 6-quart slow cooker with cooking spray, arrange onion on bottom and beef over it. Add remaining ingredients, then cover and cook until meat is tender, 8 hours on low or 4 hours on high. Taste, season with salt, pepper. THE ASSOCIATED PRESS/ MELISSA D'ARABIAN, AN EXPERT ON HEALTHY EATING ON A BUDGET AND AUTHOR OF SUPERMARKET HEALTHY.

metronews.ca Wednesday, January 14, 2015 **SPORTS**



Pep expects nothing but best from team

NBL Canada. Coach likes direction in which Rainmen are trending, but says 'adjustments' are still necessary



KRISTEN LIPSCOMBE

Head coach Josep (Pep) Clarós will be the first to tell you his team isn't meeting expectations on the court.

The Halifax Rainmen have eight wins and nine losses on their National Basketball League of Canada season, currently falling in second place of the Atlantic Division behind the Charlottetown-based Island Storm.

There are four teams in the division, eight total in the league, which is in its fourth season since being founded in May 2011.

"My expectations are high," Clarós said Tuesday, adding that means nothing

"We need to compete more and better."



Josep Clarós

less than a championship

"I have to tell you 'no," the 47-year-old pro coach from Barcelona, well-respected in basketball circles across the country and around the world, said of his Rainmen. "We are not in that (winning) position."

His seasoned resumé most recently includes taking the reins of the Egyptian national team, and he has previously headed up national teams for El Salvador and Mexico, in addition to leading Halifax to the finals in NBL Canada's first season.

Clarós returned to Nova Scotia's capital city after two years of focusing on inter-

Upcoming games

The Halifax Rainmen hit the road Thursday for a game against the Island Storm at 7 p.m., and again Friday to take on the Moncton Miracles at 7 p.m. They're back home at the Scotiabank Centre on Sunday to tip-off against the Island Storm at

• Tickets are available at www.rainmenbasketball. ca and kids 12 and under get in free.

national ball, and he's confident the Rainmen can still turn the tide this season.

"We need to make some adjustments, and try to make everybody stay on the same page," he said, explaining that includes "mentality, ambition and desire."

That also includes adjustments to the Rainmen roster.

"We're going to make some moves, some changes," Clarós

said of bringing new players on board that will display both skill on the court and passion off the court.

The Rainmen just added six-foot-four guard Forrest Fisher of Cleburne, Texas, who helped lead his new team to a 111-107 overtime win over the London Lightning in their most recent game on the road, putting up 18 points, including 15 from beyond the arc.

Halifax also announced in late December that shooting guard Justin Tubbs has taken an opportunity to play in Greece. The team also released centre Mike Martin, who has gone to P.E.I. to play for the Ísland Storm.

"I have a group of people, they know what I want," Clarós said of his roster starting to shape up. "Still, we can

And for Clarós, "better" means quite simply, "being the best" — not next season,

"You have to take care of today," Clarós said. "My goal is to win the championship.

Carly Jackson

N.S. goalie snags silver at world championship

Amherst goaltender Carly Jackson, 17, skated away with a silver medal from the under-18 women's world championship earlier this week in Buffalo, N.Y.

The United States edged Canada 3-2 in overtime Monday night.

Another Nova Scotian female hockey star also scored a medal recently. Blue-liner Jessica Wong, 23, of Baddeck, won gold with the national women's development team at the Nations Cup, which took place Jan. 3 to 6 in Füssen, Germany. **metro**

QMJHL

Ehlers named third star of week

The Quebec Major Junior Hockey League named its third star of the week for Jan. 5 to 11.

The 18-year-old Halifax Mooseheads import forward from Aalborg, Denmark, notched four goals and two assists, in addition to garnering a plus-5 rating, in Halifax's two wins over the weekend — 6-3 over the Gatineau Olympiques on Friday and 3-1 over the Blainville-Boisbriand Armada on Saturday.

His goal Saturday was the game-winner, and his 20th of the season. Ehlers has a 17-game point streak and the best points-pergame average with 2,12.

Cape Breton forward Evgeny Svechnikov and Shawinigan forward Gabriel Slight received second- and third-star honours, respectively. metro

AUS basketball

Halifax teams on top on hardwood

Halifax's four Atlantic University Sport basketball teams were all victorious on

On the men's side, the Saint Mary's Huskies hosted the Acadia Axemen beating them 89-75 at the Homburg Centre, while the Dalhousie Tigers welcomed the St. Francis Xavier X-Men, romping them 72-48 at the Dalplex.

Prior to those games, the Huskies edged the Axewomen 56-49, while the Tigers outdid the X-Women

metronews.ca
Wednesday, January 14, 2015

SPORTS 23

Perreault leads Jets blowout of Panthers

NHL. Jets centre has four-goal, five-point night; Maurice earns 500th NHL coaching win

Mathieu Perreault scored four goals and added an assist as the Winnipeg Jets trounced the Florida Panthers 8-2 on Tuesday.

Jets defenceman Dustin Byfuglien scored a pair of goals and added an assist. Jay Harrison and Evander Kane also scored for Winnipeg (22-14-8).

Fans gave the team a loud standing ovation after the victory, which earned head coach Paul Maurice his 500th win as an NHL head coach. The eight-goal output was a season-high for the Jets, one short of the franchise record.

Perreault's four-goal performance tied the Winnipeg/Atlanta franchise record for most goals in a game. Former Thrashers star Ilya Kovalchuk was the last to achieve the feat in 2005 and Pascal Rheaume recorded the first one.

Perreault, who's never scored four goals in a game, had his first career hat trick on Jan. 24, 2012, against Boston. He now has 15 goals and 14 assists in 43 games this season.

Goalie Michael Hutchinson made 25 saves.

Dave Bolland, with his first of the season, and Brad Boyes scored for Florida (20-12-9), which was finishing up a six-game road trip that saw the team go 4-2-0.



The Jets' Mathieu Perreault looks on as arena staff pick up hats from the ice at the MTS Centre on Tuesday night. Perreault tallied four goals in an 8-2

On Tuesday

B 2

Jets Panthers

Roberto Luongo started in net for Florida, but was pulled with 13:23 left in the second period in favour of Al Montoya after letting in four goals on 20 shots. Montoya made 11 stops.

Perrault scored consecutive goals in the first period to give the Jets a 2-0 edge.

He scored two straight goals again late in the second period — a little over a minute apart — to make it 6-1.

The Jets head out for two-game road trip starting Thursday in Dallas. The Panthers host Colorado on Thursday.

THE CANADIAN PRESS

NBA. Garnett suspended, Howard fined after dust-up

Kevin Garnett was suspended one game without pay Tuesday by the NBA for headbutting Dwight Howard, who received only a fine when the league ruled he didn't retaliate with a punch.

Howard was fined \$15,000, the league announced in saying he pushed Garnett in the neck.

NBA President of Basketball Operations Rod Thorn determined that Garnett initiated the altercation in the Rockets' 113-99 victory over



Brooklyn on Monday night.
THE ASSOCIATED PRESS

NBA. James' return fails to save Cavaliers from Suns

LeBron James scored 33 points in his return from a two-week layoff but it wasn't enough to prevent the Cleveland Cavaliers from going down to their sixth straight loss, 107-100 to the Phoenix Suns on Tuesday night.

Markieff Morris scored a career-high 35 points on 15-of-20 shooting for the Suns, who outscored the Cavs 11-3 over the last 3:31.

The Cavaliers rallied from a 19-point, third-quarter deficit to go ahead in the fourth, the first of eight lead changes 107 100
Suns Cavaliers

down the stretch.

J.R. Smith, who joined the Cavaliers during James' absence, scored 29, going 8 of 14 on threes. The ASSOCIATED PRESS

Sports in pictures



College football. Buckeyes win, Ohio Stadium goal post loses

Ohio State football fans took to the streets after their team's championship victory early Tuesday, yelling and screaming in delight, setting nearly 90 fires and tearing down an Ohio Stadium goal post. THE ASSOCIATED PRESS

Women's soccer. Judge dismisses U.S. star's domestic violence case

A judge near Seattle has dismissed misdemeanour assault charges against soccer superstar Hope Solo.

Solo, a goalle for the U.S. women's national soccer team and the Seattle Reign professional club, had been charged with two counts of fourth-degree domestic violence assault stemming from a June altercation with her half-sister and 17-year-old nephew. THE ASSOCIATED PRESS

MLB. World Series appearance earns Yost another year in K.C.

The AL champion Royals and Ned Yost have agreed on a one-year contract extension that will keep the manager with the franchise through the 2016 season.

World Cup slalom. Hansdotter dominates for 2nd career win

Frida Hansdotter of Sweden dominated a World Cup night slalom on Tuesday in Flachau, Austria, strengthening her position at the top of the discipline standings going into the world championships next month. Loudly cheered by 14,800 spectators, Hansdotter built on her first-run lead to finish in a combined time of 1 minute, 49.59 seconds. THE ASSOCIATED PRESS



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2015 Chrysler 200

- **Type.** Four-door, fivepassenger midsize sedan
- Engines. 2.4-litre four-cylinder (184 hp), 3.6-litre V6 (295)
- Transmission. Nine-speed automatic
- Price. \$22,495 (2.4L),
 \$26,995 (V6) base; \$38,995
 as tested

Market position

Chrysler's purchase by Fiat has given it access to new engineering, including the Alfa Romeo chassis under the 200. The company is now catching up in the small and midsize markets thanks to these Italian partners.

Points

- The all-wheel system disconnects the rear axle when not required, to improve fuel economy, but sends power to the back wheels whenever needed for extra traction.
- The transmission is shifted by a dial, which frees up console space.
- An optional self-parking feature works on parallel or perpendicular parking spots (and does a very good job).



The AWD system disconnects the rear axle when not needed.

Interesting features

Eight airbags and active front head restraints are standard issue. Also available are blind-spot monitoring, cross-traffic alert, a self-parking feature, ventilated seats and navigation.

Getting back into the game



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2Kia Optima SX Turbo Base price:\$34,895 Optima's optional turbocharged engine makes 274 hp and boosts driving fun.



3Nissan Altima 3.5 Base price: \$33,498 Long drives remain comfortable thanks to the zero gravity design of the seats, which reduces fatigue.

Review. Alfa Romeo chassis helps redesigned Chrysler 200 compete in the tough midsize family sedan category

JIL MCINTOSH

Midsize sedans are an important segment, and if you're going to make it here, you've got to bring ammunition.

This has usually been a weak point for Chrysler, but it's finally in the game with the 200 sedan, which has been completely redesigned for 2015. It still has some flaws, but it's finally strong

enough to tackle the competitors.

The base engine is a 2.4-litre four-cylinder making 184 horsepower, which is available in all four trim levels (LX, Limited, 200S, and 200C). My tester was optioned with the 3.6-litre V6 that can be added to the S and C trims. Mine also had all-wheel drive, which can be ordered only with the V6.

Both engines use a ninespeed automatic transmission. The ninth gear is a bit of overkill, as I was only ever able to get into it on a flat stretch of highway. Even then, I had to use the steering-wheel paddle shifter to manually engage it, and on the slightest incline, the transmission slipped back



into eighth gear.

The engine is smooth, but its published fuel consumption is higher than many of its V6-powered rivals, and in combined driving, I averaged 10.4 L/100 km.

The redesigned interior is lovely, with soft-touch materials, excellent fit and finish, and comfortable seats that are clad in soft leather on the top-line 200C.

A heated steering wheel

is standard on that trim, but there's some form over function, here. The wheel is enhanced with a handsome chrome ring, which stays ice cold on winter mornings while the rest of the wheel heats up — defeating the entire purpose.

Small-item storage looks limited at first, but you find a ton of space once you start looking. In addition to a console box and an open bin under the shifter, the entire top of the console slides back, revealing a huge hidden cubby.

The 200 can feel a bit pricey at its upper end, but the mid-range models seem right in line. If you're in the market for midsize sedan, there's a new player in town.



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Wednesday, January 14, 2015

Shift: From hybrids, technology, new vehicles and the environment, to saving money at the pumps



Toyota's fuel-cell model could match Prius as a game-changer

Just as Toyota's Prius gasoline-electric hybrid changed the auto industry, so will its recently unveiled 2016 Mirai hydrogen fuel-cell sedan, the company suggests. Bob Carter, the company's head of auto operations, says the Mirai could equal the impact the Prius had on the industry. But it won't happen overnight, he adds, because fuel-cell cars currently lack a nationwide fuelling infrastructure. Even in California where the Mirai will be initially sold, only a handful of fuelling stations exist. However, Carter tells Automotive News that Toyota is expecting 23 new fuelling stations will be built in the Los Angeles and San Francisco areas by the time the Mirai launches there later this year. ALL STORIES AND PHOTOS FROM WHEELBASEMEDIA.COM

Ghosn thinks electrics are the answer

With global sales of the all-electric Nissan Leaf up by 20 per cent this year, making it the top-selling electric vehicle worldwide, Renault-Nissan CEO Carlos Ghosn sees almost unlimited opportunity for future plug-in electrics. He says the 200,000 EVs sold globally by Renault-Nissan represents a savings of nearly 200 million litres of petroleum, "fuel that was not extracted, shipped or burned into the atmosphere." In addition to reducing petroleum dependence, EVs increase consumer choice, creating "an important shift" in the marketplace, he says. "As the internal engine monopoly crumbles, consumers will enjoy even more mainstream EV options and range." Their biggest advantage, Ghosn said, is that EVs can tap into existing infrastructure, unlike hydrogen fuel-cell vehicles that require all-new infrastructure.



Shift points

- Porsche's technology flagship, the 918 hybrid/ hyper sports car, has sold out — with all 918 units spoken for within nine months of sales launch. That's impressive considering it started at a price of \$845,000 U.S. (\$997,000 Cdn.)
- Californians now buy one plug-in electric car for every two hybrids sold there, says a report in Electric Vehicle News. In the state where the non-plug-in Toyota Prius hybrid is the best-selling car line, battery electric and plug-in hybrids now account for 3.2 per cent of vehicles sold.
- The near global move to produce smaller engines is being advanced by the development of electric turbochargers, which enable instant extra power at lower engine speeds and eliminate the "turbo lag" handicap inherent in mechanical units that are driven by exhaust gases.



Several environment-friendly models have been discontinued for 2015

Car models come and car models go. But among those notably not returning for 2015 are ones considered more environmentally friendly than the norm. Discontinued models include Chevrolet's Malibu Eco and Impala Eco, mild hybrids that neither sold well nor were very well promoted; Honda's Fit EV, which was widely seen as a compliance car designed simply to boost CAFE (corporate average fleet economy) numbers; and Toyota's RAV4 EV, as the company turns its focus to hybrids and fuel cells. BMW's 1 Series is also discontinued, but has really just been rebranded as the 2 Series. A new 1 Series is likely to follow one day.

BMW continues to up its plug-in hybrid game

BMW has announced a spate of new plug-in hybrid vehicles. building on its list of plug-ins that will soon include a new X5 tall wagon. The automaker recently launched a long-wheelbase 5 Series sedan for China with a plug-in hybrid powertrain, showed a prototype 3 Series plug-in hybrid sport sedan and announced a new Power eDrive system that makes 670 horsepower. Versions of the new X5's powertrain will spread to other BMW models. The company is thinking beyond its current hybrid system to future generations of plug-in hybrids, suggests Green Car Reports, by using components from its groundbreaking i3 and i8 electric cars to boost their performance.

Tesla nearly doubles Roadster range

Tesla has found a way to give its out-of-production, all-electric Roadster model a range of 640 kilometres on a single charge. In unveiling the Roadster 3.0 update, Tesla said it would have a 40- to 50-per-cent greater range than the original model, resulting from a new, more powerful battery pack, a new aerodynamic body kit that cuts the air 15 per cent more cleanly, new tires with 20 per cent less rolling resistance, improved wheel bearings and less residual brake drag. Tesla will prove its range claims early this year with a non-stop demonstration drive to Los Angeles from San Francisco — a distance of about 560 kilometres. There are no details yet on how much the upgrade will cost or when it will be available to Roadster owners. The roadster was sold from 2008 to 2012 at a starting price of \$109,000 US (\$128,000 Cdn).



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Hyundai Santa Cruz CONTRIBUTED

Anti-pickup turns heads at auto show in Detroit

Autopilot. Hyundai aims for a different breed of truck buyers with its Santa Cruz



AUTO PILOT Mike Goetz drive@metronews.c

Pickup trucks were front and centre at this year's auto show in Detroit, proudly showing off their trademark attributes, such as powerful engines, impressive workload and offroad capabilities, and in-yourface attitudes. There was also one odd-looking pickup that wants nothing to do with working for living, racing in the Mexican desert, or scaring young children with aggressive styling. But before I get too deep into Hyundai's Santa Cruz concept, let's run down three traditional pickups that made news in Detroit, to better appreciate the dichotomy between them and the Cruz.

2016 Ford Raptor: This ultimate off-road version of the new-generation Ford F-150 gets its own frame, a wider body and a new turbo V6 purported to be more powerful that the 411-hp V8 that propelled the previous Raptor.

2016 Nissan Titan: An all-new Titan, with a stouter frame, a new Cummins V8 diesel engine good for 310 hp and 550 lb-ft. of torque, and a massive front grille worthy of a Mack 18-wheeler.

2016 Toyota Tacoma: The first really big update on Tacoma in a decade. I asked Kevin Hunter, head of the Toyota's California design studio, about the desert-racer theme and the very blunt front end. "We like it," he told me. "We just think it's a fist hitting something; that's the way we look at it. Robust. Strong. Powerful. Looks like if you hit something, you wouldn't get any damage on your truck."

All of which couldn't be more different than Hyundai's Santa Cruz concept, which is being promoted as a new truck for a different generation of buyers.

According to Hyundai, those buyers are younger, more female, more urban, and would dearly love a vehicle that is as inexpensive and manoeuvrable around town as a small crossover, but with one major difference: the ability to separate their dirty, wet or smelly cargo from the passenger compartment—argo such as mountain bikes, camping equipment, firewood, hockey equipment, etc.

Hyundai calls these people urban adventurers. They are committed to their city lifestyle, but also like to get out on the weekend and do stuff outdoors.

Both lifestyles would benefit from a pickup, but they don't want to drive a big, expensive pickup around town the rest of the time.

"We're not trying to attract truck buyers, so max towing, ground-clearance and max payload is not the point at all," said Mark Dipko, head of product planning at Hyundai

"Research tells us that not everyone that needs an open bed wants that capability or the trade-offs that come with a traditional pickup."

Hyundai says the Santa Cruz is its most-researched concept ever, and the automaker is convinced it would be a hit with its intended audience

Some cool features on the concept include a 2.0-litre turbo diesel engine, a tailgate extension that makes the bed as long as a midsize pickup bed, mini doors for the rear-seat passengers, and a lockable and rigid tonneau cover.





City car. GM's new Bolt concept could challenge Tesla as the first affordable, long-range electric car

With the introduction of an affordable electric car that can go 320 kilometres on a single charge, General Motors sets up a showdown with Tesla to sell an electric vehicle to the masses. It may also upstage a car of its own.

On Monday, GM unveiled the Chevrolet Bolt, a \$30,000 concept car that will probably go on sale in about two years.

The range will make it attractive to many buyers who would not consider a fully electric car for fear of running out of juice. The rollout of the orange compact hatchback eclipsed GM's unveiling of a revamped Chevy Volt at the Detroit auto show.

When the Volt, a plug-in gas-electric hybrid, was introduced in 2007, it was touted as an electric vehicle for everyone. It could go 60 km on battery power, with a gas



generator taking over to end worries of being stranded. But its \$38,000 price tag hamstrung sales, even with provin-

cial tax credits. Enter the Bolt, a hatchback with a hefty range and SUVlike cargo area and a price that's about the same as the average in Canada.

That offers a challenge to Tesla, which plans to deliver a mass-market, 300-km electric car for about \$35,000.

Stuart Norris, director of advanced design for GM in Korea, where much of the car was designed, said some of the

car's parts are aluminum, and the seats are thin, all to keep weight down and boost range and performance.

In addition, the low battery pack gives the car a flat floor, making more space for up to four passengers, plus a big rear cargo area. THE ASSOCIATED PRESS



DRIVE

Supercar. Ford unveils its 600-hp next-gen GT

Ford tried to land a knock-out blow at the Detroit auto show in revealing a dazzling new GT supercar. The glitzy presentation at an arena named after boxer Joe Louis was an attempt to grab the headlines at the show, where power and luxury roared back to the fore.

Speculation had been rife that Ford had something special in mind. And it did not disappoint, unveiling a GT for next year that immediately

won glowing approval from car enthusiasts who flooded social media to proclaim what one called on Twitter "delicious."

The new GT, an update to the legendary sports car, boasts 600 hp and a twin-turbocharged V6 eco-boost engine.

Ford had already been in the spotlight in Detroit, snapping up the award for best truck with the new F-150, while the Volkswagen Golf was named car of the year. AFP

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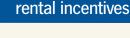


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AUCTION

AUCTION

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Wednesday, Jan. 28, 2015

vecune:Sudy, Jah. 28, 2015
starting at 10:30 am at 3490 Presott St, Halifax
& at subsequent sales until sold. The personal effect
& belongings of the following tenants will be sold:
Johnathan Gale
Anthony Marsh
Mr Anuj K Deshwal
Sandi Leaf
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Sandi Leaf
Unit #2190
Unit #2190 Unit #1058 Unit #1015 Unit #1173 Unit #2190 Unit #2064

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Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

proscopes by Sally Brompton

↑ Aries

March 21 - April 20

Be less predictable, especially when dealing with people in positions of power. Too many people are taking you for granted — and will continue to until you do something.

Taurus April 21 - May 21

There are a lot of people out there who could benefit from your brand of kindness, so start looking for ways you can assist.

∐ Gemini

May 22 - June 21

With your ruler Mercury strong today you are in a can-do mood but you may have to deal with people who seem incapable of making decisions. Stay calm.

Gancer

June 22 - July 23

Today's positive cosmic influences suggest you can ask for almost anything you want and partners and loved ones will hand it over with no questions asked.

Ω Leo

July 24 - Aug. 23

You are advised not to take money issues too seriously today, not because they don't matter but because you may well be looking at them from completely the wrong angle.

W Virgo Aug. 24 - Sept. 23

A little of what you fancy today will do you the world of good. Don't listen to those who say it is wrong to enjoy yourself when so many others are finding it tough. Show the world how easy it is to have fun.

△ Libra

Sept. 24 - Oct. 23

Everything seems to be going so well that you may get a bit suspicious and start wondering if it's all too good to be true. On the contrary, loved ones will do anything for you. Enjoy it.

M Scorpio Oct. 24 - Nov. 22

Nothing is beyond you. That may sound too good to be true but you really can accomplish something remarkable over the next two or three days, simply by following your dream.

才 Sagittarius Nov. 23 - Dec. 21

You will have to deal with someone today who is so slow that it drives you mad. Not everyone thinks or acts as quickly as you and sometimes you just have to wait for the slowest one in the group.

り Capricorn Dec. 22 - Jan. 20

It is not your job to please someone else – it is their job to please you. Partners and loved ones know exactly what it is you desire — all you have to do is let them give it to you.

⋄ Aquarius

Jan. 21 - Feb. 19

By all means have fun today but don't go too far and put your wellbeing at risk. Always leave a little something in reserve.

H Pisces

Feb. 20 - March 20

You will receive good news today but for some reason you may find it hard to believe. The planets indicate that no one is

Crossword: Canada Across and Down by Kelly Ann Buchanan

30

49

Across

1. Aware of the hoax: 2 wds.

5. __ good cause (Reason to donate) 9. Canadian soul songstress Ms. Watson

14. Do this :(

15. "Can _ _ a Witness" by Marvin Gave

16. Bustling 17. Sacred looped cross

18. __-drop 19. 'R' of US state RI 20. Quebec City's sculpted Wintertime retreat from January 3rd to March 22nd,

2015: 3 mots 23. __-B toothbrush 24. 'N' of RCN [abbr.]

25. Mover's plank

29. Pronounce 31. Young sheep

33. "Uh-huh." 35. Pierre's 'here'

36. Swaps an old car towards the purchase of a new

one: 2 wds. 39. Yalta's locale

41. One saying "Eww, gross.", say

42. Sever

44. Dispirit 45. 1989 Janet Jackson album: 'Rhythm

1814' 47. Post to a new

post 49. Wildebeest

50. __ worth (\$\$\$)

52. Response, for short

53. Beverage menu item 54. Shaggy animals

of Tibet 56. " Wiedersehen!"

58. CD part, variantly

60. Map maker

65. Alexander

Winnipeg-born hockey star

32

68. Triad 69. "Waking Up in

" (2002) 70. "Why __ you ready yet?" (Hurry

up!)

71. Certain citrus

72. Antiquities 73. Funeral rite sights 74. Narrated 75. Additional

Down 1. Moonfish 2. Something

naughty 3. Northwest Territor-

4. Questionnaire

ies community called 'Tuk' for short

72

9. Fashion designer Mr. Jacobs

7. Rule as a Royal

8. Not working but

having fun instead:

choice

music

2 wds.

6. Fiend

5. Instruments

featured in East Coast

10. Fireplace leftovers 11. 1990s trial Judge

12. "The Karate (1984)

13. Rock's valuable band 21. Afterwards: 2 wds.

22. With, in Montreal 26. Canadian rocker born in Sarnia, ON: 2 wds.

27. "___: Dawn of the Dinosaurs" (2009) 28. Ms. Agron of "Glee"

29. Cheap

30. Secrets to some 32. Canadian actor

Mr. Bellows 34. Realm of Wilhelm

37. Agnus __ (Mass

prayer) 38. Hide Hair connector

40. Entries

43. Little legume 46. Just about

48. Mobile device operating system

51. Doubled disapproval 55. Plays: Act's one-

of-some

57. Relinquish, variantly

59. Unrestrained shopping

61. Sidewalk bugs

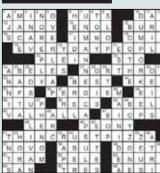
62. Fish's 'lung' 63. Finales

64. Pink

65. Maple's drink

66. Blue Rodeo hit

67. 'Mountain' suffix



See today's answers at metronews.ca/answers



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

2	8	1	4	6	7	3	9	-5
9	3	6	8	5	2	4	1	7
7	4	5	3	9	1	2	8	6
5	7	2	9	8	6	1	4	3
4	9	3	7	1	5	6	2	8
1	6	8	2	3	4	7	5	9
6	2	4	5	7	9	8	3	1
8	5	7	1	4	3	9	6	2
3	1	9	6	2	8	5	7	4

	1	5	7		8	4	6	
8				5				1
			2		4			
2								9
		9		6		1		
6								5
			3		5			
3				7				4
	6	4	8		1	2	7	

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